



## **Homeoprophylaxis (HP) Training Course Objectives**

*Facilitated by Real Vitality & Cilla Whatcott, HD RHom, CCH, PhD*

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### **Training Overview**

**Purpose:**

*Gain the skills to support families seeking safe and effective methods to build natural immunity and strengthen terrain.*

**Taught by:**

Cilla Whatcott, HD RHom, CCH, PhD (see bio below)

**Format:**

Virtual training plus one private 1:1 consultation

**Resources Included:**

Handouts, charts, documentation, and practitioner support materials

**Ongoing Support:**

Continued access to materials, forum and practitioner support community

### **HP Applications**

- Epidemic response
- Endemic disease support
- Childhood infectious disease prevention
- Travel prophylaxis

### **Learning Outcomes – General Proficiency**

- Develop a clear and effective "elevator pitch" for HP
- Understand how HP is prepared
- Distinguish HP from classical homeopathy and conventional immunization practices
- Summarize the historical and global context of HP
- Analyze and interpret major HP study findings
- Defend the scientific credibility of HP research
- Dispel common myths and misconceptions about HP

## **Learning Outcomes – Continued**

- Identify and classify different types of HP studies
- Explain appropriate clinical applications of HP
- Justify HP use in public health contexts
- Understand legal considerations and requirements for implementation
- Summarize methodologies used across global studies
- Evaluate research from India, Cuba, South America, Australia, and the USA

## **Travel Prophylaxis**

- Address tropical and region-specific disease prevention
- Understand legal requirements and vaccine laws for travelers
- Assess risks and determine HP needs based on destination
- Prepare clients for safe international travel
- Create and customize dosing protocols
- Develop educational content tailored to travel contexts
- Offer structured childhood HP programs
- Answer frequently asked questions with confidence
- Clearly explain the structure and purpose of the program
- Recommend HP appropriately based on individual family needs
- Determine client eligibility for participation
- Provide continuous support and follow-up
- Address and respond to parental concerns effectively
- Train parents in administering HP
- Build trust and supportive relationships with families

## **Case Management Skills**

- Monitor and manage immune responses
- Interpret client reactions and communicate findings
- Personalize HP programs to suit individual needs
- Assess when referrals are necessary
- Design individualized HP protocols
- Provide educational materials and informed consent documents
- Ensure clients have access to ongoing support and resources

## **Marketing Skills**

- Promote your HP offerings confidently and accurately
- Utilize professional resources to market your program effectively

## **Program Completion Requirements**

- Successful completion and passing of the final assessment

## **Certification Retention Requirements**

- Proper execution of HP programs
- Ethical and accurate representation of your HP offerings
- Adherence to official program terms and use guidelines

### **Terms of Use:**

<https://realvitality.org/wp-content/uploads/2025/03/Terms-of-Use-HP-Training-225.pdf>