



Essences for Animals

Emotional / Behavioral State	What It Looks Like in Animals	Essence
Grief, Loss	Mourning after rehoming, loss of owner, difficulty adjusting to change	Honeysuckle , Grieving Heart Essence , Butterfly Essence
Fatigue, Low Motivation	Tired, disengaged, slow to start, exhausted animals	Hornbeam , Joyful Work Essence , Empower Essence
Anxiety, Fear (Specific Triggers)	Fear of loud noises, travel, people, or identifiable situations	Mimulus , Protection Essence , Environmental Protection Essence
General Anxiety, Sensitivity, Overwhelm	Easily overstimulated, reactive, energetically sensitive	Impatiens , Sparrow Essence , Environmental Protection Essence , Seal Essence
Low Confidence, Submission, Timidity	Cowering, hesitant, overly submissive, lacks assertiveness	Larch , Wolf Essence , Empower Essence
Over-Attachment, Separation Anxiety	Distress when away from owner, excessive concern for others	Red Chestnut , Protection Essence , Grieving Heart Essence
Depression, Withdrawal, Emotional Shutdown	Sudden sadness, isolation, lack of interest, low engagement	Mustard , Butterfly Essence , Sparrow Essence , Seal Essence
Resistance to Change	Difficulty adapting, stress with transitions or new environments	Letting Go Essence , Butterfly Essence
Overdriven, Intense Prey Instinct, Injury Prone	Constant chasing, inability to settle, pushing body beyond limits, frequent minor injuries	Oak , Joyful Work Essence , Cheetah Essence
Reactivity, Irritability, Impatience	Snappy, easily triggered, restless behavior	Impatiens , Cheetah Essence , Skunk Essence
Boundary Issues, Dominance or Insecurity	Overly dominant OR lacks boundaries entirely	Wolf Essence , Skunk Essence , Larch
